

ANZAC DAY

ANZAC Day is one of the most important national commemorative occasions in Australia, marking the anniversary of the first major military action fought by Australian and New Zealand armed forces during World War One. By building young children's understandings about the traditions and facts of ANZAC Day, the many real-life stories of sacrifices and heroism of everyday Australians will not be lost, but be handed down to future generations.

For those families at home you may wish to share some information with your child about ANZAC DAY which will occur on April 25th. I have attached a recipe for biscuits which you can bake at home and a link to the book we read in kinder.

It is important to keep discussions simple for children.....

- Focus on the collective pride of the country.
- The spirit of ANZAC through courage, mateship and sacrifice
- Talk about the freedom we have to feel safe because of their sacrifice
- Talk about caring for each other and the world as a whole
- Let them ask the questions, be open to their ideas on what they think it was about and guide them gently to the truth
- Have a moment of silence in honour of those who fought so hard for our freedom, holding hands as a family.

RECIPE FOR ANZAC BISCUITS. *Anzac biscuits were sent by wives and women's groups to soldiers abroad because the ingredients do not spoil easily and the biscuits kept well during naval transportation.*

Ingredients

1 cup plain flour
1 cup rolled oats
1 cup brown sugar
1/2 cup coconut
125g unsalted butter
2 tbs golden syrup
1 tbs water
1/2 tsp bicarbonate of soda



Method

1. Sift the flour into a bowl. Add the sugar, rolled oats and coconut
2. Melt the butter in a saucepan, then add golden syrup and water.
3. Stir the bicarbonate of soda into the liquid mixture.
4. Add the liquid to the dry ingredients and mix thoroughly.
5. Place walnut-sized balls of mixture on a greased tray and bake at 175C for 15-20 minutes.

[Links to children's book about ANZAC DAY](#)

My Grandad Marches on Anzac Day

<https://youtu.be/EdLsRIWb1bU>

Anzac Ted

<https://youtu.be/M3nRwDiyRH0>